



DEPEND

Issue 29
Spring
2010

An occasional Newsletter published by
Dinas Powys Voluntary Concern

BREAKING NEWS

A new vehicle will shortly appear on our streets – 'Vin rouge' or should it be 'Red van' which will prove to be neither drunken nor accident prone. Due to the generosity of so many in the community DPVC has the funds to replace its existing minibus/ambulance. The new vehicle will be the seventh in an honourable lineage dating back to 1971 - all serving our community. More details in the next edition of DEPEND or on our website.

CANTORION CREIGIAU

IN AID OF DPVC
Saturday 2 October 2010
at the
PARISH HALL

DPVC COFFEE MORNING

10.am - 12 noon
Tuesday 1 June 2010
Murchfield
Community Hall

VILLAGE SHOW PARISH AND LEE HALLS

2.00 pm
Saturday
4 September 2010
Refreshments Entertainment

WILL YOU BE OUR SPONSOR?

It is only through the help and support of individual and corporate sponsors that we can continue to produce this community newsletter. If you would like to sponsor DEPEND please contact Chris Davies at the Community Resource Centre office on 029 2051 3700 or email dpvc@btinternet.com
We will, of course, acknowledge the support given by our sponsors.

LOCAL HELP FOR LOCAL PEOPLE

DINAS POWYS VOLUNTARY CONCERN (DPVC) has served the community for nearly 40 years. We are a registered charity and help those living in and around Dinas Powys. DPVC aims to provide a service to individuals, groups and to the many voluntary organisations working in the village and, in particular, to help, support and improve the quality of life of the elderly and people with disabilities.

How can we help?

- We work from a small office (Community Resource Centre) at the rear of Murchfield Community Hall in Sunnycroft Lane which is staffed by our coordinator or a volunteer
- We provide and maintain a specially adapted minibus/ambulance which takes elderly and disabled residents from their home front door to neighbouring supermarkets and library. The vehicle is also used on a regular basis by other agencies such as WRVS Luncheon Club, the WI, the Stroke Support Group, Bryneithin Home the Wednesday Afternoon Club, the Monday Night Club and St Mary's Church
- We run a Good Neighbours Scheme which aims to give help on a whole range of issues and assist individuals when they experience unforeseen difficulties and to undertake those jobs they are finding too much for them. We support with volunteer drivers visits to surgeries, hospital etc.
- We publish and deliver this free newsletter, Depend, to every household in the Village
- Every few years, our Community Directory, which contains useful information for Village residents, is updated and distributed to every household in Dinas Powys
- We offer photocopying, comb binding, laminating and other services at a reasonable price
- We organise fundraising and other social events including concerts and coffee mornings

How can we do this?

By recruiting, training and supporting our volunteers who drive the minibus/ambulance or private car, staff the office, assist in our publications (Depend and the Community Directory) and by running fundraising activities and other community events.

WE ARE ALWAYS LOOKING FOR NEW WAYS IN WHICH WE CAN SERVE OUR COMMUNITY AND FOR THE VOLUNTEERS TO HELP US TO DO IT.

Where can you find us?

At the rear of: Murchfield Community Hall
Sunnycroft Lane
Dinas Powys CF64 4QQ

Telephone 029 2051 3700 between 9.30 and 12.30 - Monday to Friday
or you can call in the office,

Email us at dpvc@btinternet.com or visit our web site at www.dpvc.org.uk

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EDITORIAL

At last, there seem some signs that Spring is coming! There are daffodils showing their colour and crocuses are brightening up the sides of the roads and our gardens.

This winter has seemed almost endless and so extremely cold. It is when conditions have been so extreme that the value of organisations such as DPVC become vitally important to those in our community who find it difficult to do basic activities like getting the weekly shop or going, for example, to an appointment at the Health Centre.

The service provided by the volunteers who drive the minibus, give lifts, or help their neighbours in any way is often vital for the elderly and infirm in our village.

The minibus is a lifeline for many, and the fact that DPVC can now order a replacement vehicle is a tremendous achievement by all those individuals and organisations who did so much. A big "thank you" to all of you who made this possible.

However, there is one final thought. There is still so much that DPVC can do to improve the lives of all of us who live in Dinas Powys. I do hope that we can build on the good work that has been done and that DPVC can develop to meet the changing needs of our community. To be blunt, we still need new volunteers with new and varied skills and talents; and we still need donations and support so that the charity can continue to meet these changing and developing needs.

Or, in other words -
**DPVC NEEDS YOU
WILL YOU HELP?**

PLEASE NOTE COMMUNITY DIRECTORY

Would you please inform the DPVC Coordinator **in writing** of any changes to the Community Directory as soon as possible.

DEPEND is published by Dinas Powys Voluntary Concern.

Articles for inclusion in future editions should be sent to:

John Fanshaw

The Editor

DEPEND

Dinas Powys Voluntary Concern

Murchfield Community Hall

Sunnycroft Lane

Dinas Powys

CF64 4QQ

Email: dpvc@btinternet.com

AGE CONCERN LIFEBOOK

A FREE service from Age Concern

What is the Age Concern LifeBook?

The Age Concern LifeBook is FREE. You can order a copy over the phone, or complete it online.

We know that with a million and one things to keep track of, it can be easy to mislay important documents and information. That's why we developed the LifeBook so you can find exactly what you need without searching through file after file. You can record all sorts of useful details, from who insures your car, to where you put the TV licence.

Why should I complete it?

The LifeBook will not only help you to be more organised but could also be invaluable to a family member or a friend if they need to locate important information about you in an emergency.

How do I use it?

Simply follow the step-by-step instructions to fill in the various sections with your details, contacts and locations of important documents. You don't have to do it all at once - just complete it at your own pace. The LifeBook is available in both a booklet and online versions - and it's FREE to use or order.

Using the LifeBook online

This service is now available online. This means that you or a family member can securely access your vital contacts or information from any computer with internet access, (using your secret password) - at no cost.

How to complete your FREE Age Concern LifeBook

Call 0845 685 1061 for your free copy (please quote ref. ALL 721)

Complete your Age Concern LifeBook online: www.Ageconcern.org.uk

Free helpline 0800 00 99 66

THE HUNTSMAN RECIPE

Peter and Hilary Rice, Huntsman Restaurant, Station Road

PARSNIP, CARROT AND CORIANDER SOUP

500g parsnips, peeled and roughly chopped
500g carrots, peeled and roughly chopped
2 medium onions
half cup of chopped fresh coriander
2 chicken stock cubes – made up with 1 pint of water
125g butter
2 tbsp double cream

1. Finely chop onions and fry in butter in a large, heavy based saucepan, until soft.
2. Add chopped carrots, parsnips and stock.
3. Simmer with the lid on for approximately 30 minutes until the vegetables are all soft.
4. Add coriander.
5. Leave to cool slightly then liquidise until smooth.
6. Return to the pan and reheat, checking seasoning – add salt and pepper to taste.
7. Finally add the cream and serve.

VILLAGE NEWS

DINAS POWYS ART GROUP

Dinas Powys Art Group is holding its Annual Art Exhibition and Sale from 10 am - 4.00 pm on Saturday 24th and Sunday, 25th April at the Parish Hall, Britway Road. The Art Group is supporting Marie Curie Cancer Care this year.

JUMBLE SALE SUCCESS

A Jumble Sale, organised by St Peter's Women's Fellowship, held on 12 February, in aid of the victims of the Haiti Earthquake, raised £521. Their leader, Beatie French, wishes to thank all who gave their support.

POST OFFICE CASH MACHINE

There is now a Post Office branded ATM outside the Post Office in the Village Square for which users will not be charged for withdrawing money or for checking their account balance. But did you know that if you use a Post Office Card Account, you can now (as well as using the Post Office counters) withdraw cash using this ATM? Use the same card and PIN that you have already. Access your cash 24 hours a day!

THE BUTCHER DELIVERS!

The village butcher, Mark Griffiths, offers a free and friendly delivery service from his shop at Camms Corner. He offers a wide range of meat products and nothing is too much trouble for him and his great staff.

Please feel free to contact the shop on 2051 4679 from 07.00 – 16.45 on Mondays to Fridays and from 07.00 – 13.00 on Saturdays.

There are other traders in the village who also offer a great service - including free delivery. See the next edition of Depend for more information. Support your local shops!

FAIR TRADE RECOGNITION FOR DINAS POWYS

During the past 18 months villagers will have seen Fair Trade stalls cropping up in all sorts of places – from the new Spring Fayre to the Village Show, from the Hope-to-Ghana Funday to St Peter's Autumn Fayre. In March 2009 over one thousand villagers of all ages from toddlers to 'recycled teenagers' ate a Fair Trade banana to be included in the Fair Trade Fortnight Banana Count.

Schools and churches have been particularly active on the Fair Trade front and our village children are a credit to those teaching them about Fair Trade. As a result of evidence, submitted by the Dinas Fair Trade Group to the Fair Trade Foundation in London, it has now been confirmed that Fair Trade Village Status for Dinas Powys has been granted. This is not awarded lightly – there are very specific criteria to be met and maintained, and the village Fair Trade Group have worked consistently to keep Fair Trade in the public eye. Why not look out for and ask for Fair Trade items when shopping locally?

In 2010 Fair Trade Fortnight (22 Feb – 7 Mar) the emphasis has been on swapping to Fair Trade tea (although there are also many other items available). A joint venture with Soul in Dinas is The Mad Hatter's Tea Party – making 'daft hats' then tea and toast together – on Sat 27 February. A week later on Sat 6 March at the Parish Hall a Fair Trade exhibition, cafe and market celebrated the success of Dinas Powys villagers, who have been so supportive of Fair Trade. If you would like to have a Fair Trade stall at your event (stock and volunteers provided free of charge!), please get in touch with me. If you'd like to know more about Fair Trade or to join our friendly and informal Fair Trade Group, you'll be assured of a warm welcome, with a fantastic 'feel good' factor thrown in free of charge!

Sue Hamer

Chairwoman

Dinas Powys Fair Trade Group

E-mail sue.hamer01@btinternet.com or Tel 02920 514680.

NEW METHODIST MINISTER IN DINAS POWYS

Last September Dinas Powys Methodist Church welcomed its new Minister, Rev John Atkinson with his wife Lynda. John's welcome service at Trinity, Penarth, was also the inauguration of the new Vale of Glamorgan Methodist Circuit of which he is the Superintendent. This has brought together the churches of Penarth and Barry in one administrative unit.

John and Lynda came to Dinas Powys from Lichfield where John had been Superintendent for seven years. They are not strangers to South Wales having lived and worked in Newport and Swansea prior to an eight year spell as minister of the Methodist English Language Congregation in Berlin. They have a son and daughter and three granddaughters. Their son lives in Berlin and their granddaughter there is a bilingual harp-playing 11 year-old. Their daughter, who studied Welsh and German, works in Llandovery where the older granddaughter attends a Welsh medium primary school. Interest in languages is therefore high in the family!

Before studying theology at Manchester John was an educational administrator. Lynda, having studied theology at the same time as John, qualified as a Primary Teacher. She has a special interest in art and more recently taught the subject to young offenders in prison as well as to older people as "Art for All". Both John and Lynda enjoy music and have for many years organised folk dance music.

They are happy to be in Dinas Powys and look forward to getting to know more people in the village as time goes on.

NEWS from THE SENEDD

Care for the carers

The respite care offered by Crossroads based in Bryneithin Home in Dinas Powys offers a good service to carers. The centre is open seven days a week and gives relatives a few valuable hours to themselves.

However, given the uncertain future of Bryneithin, I am seeking absolute guarantees from the Vale Council that Crossroads will be able to continue to use a section of the home.

Brownies in Senedd

The Assembly Building is open for the people of Wales and we are pleased to welcome thousands of visitors each year. Already we have had a visit by Dinas Powys Brownies. I was honoured to welcome them to the Senedd. We toured the chamber and explained the workings of the Assembly. If other local groups are interested in visiting please let me know.



Bridge of Sighs

The need for a new bridge at Cross Common Road near Hebron Hall should be a priority for the Vale Council. There is a fear that the structure which is propped up by timber beams will continue to deteriorate. The timber already creates a danger of blockages in times of flood.

Look after your heart

The British Heart Foundation is encouraging the people of Dinas Powys to follow the BEAT health code. This stands for **B**e active, **E**at healthy. **A**void smoking and **T**ake the life style check. Wales's biggest killer is heart and circulatory disease. I am backing their work and would urge people to look at the web site bhf.org.uk/red

British Heart Foundation is the leading heart charity and their shops raise £15 million a year. Why not visit their shops in Barry or Cowbridge Road Cardiff to see what's on offer?

Issues recently raised in the Senedd include:

The ever rising cost of crossing the Severn Bridges

The need for fair funding - at the moment the Treasury underfunds the Welsh budget. We are losing £400 million a year.

The need to maintain the free bus passes system for pensioners

Campaigning to ensure that the main railway line to London is electrified

Investment in Llandough Hospital

Measures to encourage farming practices that protect wildlife

Investing in skills to help people losing jobs

Meeting ASW Pensioners

One of the great scandals of our time has been the way that former workers of Allied Steel and Wire in Cardiff have been treated. After a lifetime of work many of the workforce saw their private pensions disappear. One of the main fighters to recover their pensions has been John Benson of Dinas Powys. I was able to support him in the Assembly where he and his colleagues were continuing to highlight the need for the UK Government to honour their pensions.

If you have any issues you wish to raise please contact me at National Assembly, Cardiff Bay Cardiff CF991NA
02920 922578 christopher.franks@wales.gov.uk

www.chrisfranks.plaidcymu.org

Chris Franks AM

WELSH LANGUAGE PLAYGROUP

As you will know from previous articles in Depend about playgroups, Dinas Powys has its own Welsh language playgroup. We opened our doors last September with nine children booking in over three mornings – Monday, Tuesday and Friday from 9.15 to 11.15 am. Hopefully we will be able to offer five sessions a week in the not too distant future.

Originally, we held a successful Mother and Toddler Group - Tl a FI, in Eastbrook Methodist Church for three years before venturing one step further and opening our own Welsh Playgroup in the Kynance Hall on the Common. This is run under the National organisation, Mudiad Ysgolion Meithrin, and our leader, Sian Swinton, is an experienced Early Years practitioner. We also have two assistants and all staff are CRB checked.

This is the first step in Welsh language education, and is a marvellous opportunity for parents to introduce their children to the Welsh language through play, song and learning activities here in Dinas Powys. Children then have an opportunity to move on to Ysgol Gymraeth Pen-y-Garth in Redlands Road Penarth which has an excellent LEA nursery. Further education is experienced in Ysgol Gyfun Gymraeg Bro Morgannwg in Barry.

Why not visit us at the Kynance for a taster session? We welcome children from two years of age.

Elinor Elias Jones

For further information, please phone me, Elinor Elias Jones, on 029 2051 2405.

DINAS POWYS PLAYERS' SPRING PRODUCTION

Following success with Neil Simon's plays in the past - The Odd Couple in 1997, California Suite in 2001 and Rumours in 2006, the group has chosen "Plaza Suite" - another comedy by this popular author for presentation on April 15th, 16th and 17th this year.

Hilarity abounds in Neil Simon's portrait of three couples who successively occupy the same suite at the Plaza Hotel. The play was first presented in 1968 when the New York Times reported that it 'Set the town laughing' while the New York Post revue described it as 'A wonderful happy and gratifying evening of sheer entertainment'.

Plaza Suite is being directed by Eileen Carryer and includes an enthusiastic and experienced cast who intend to 'set their audiences laughing' at the Parish Hall, Dinas Powys in April. Doors will be opened at 7.00pm - curtain up 7.30pm. For tickets telephone 029 2051 2868 or 029 2051 2945.

David Warne

POLICE NEWS

The *Dinas Powys Neighbourhood Policing Team (NPT)* continues to work hard to deal with issues affecting the local community.

Vehicle crime is something that affects all ages. Did you know that one in five motorists leaves the car unlocked? Having this statistic in mind PC Mark Gunn and PCSO Michelle Griffiths have put together a special operation, code named **Barbados**, which is led by the local officers to reduce car crime and increase crime prevention awareness in the community.

Local officers will patrol every street in Dinas Powys over a two week period identifying vulnerable motor vehicles, speaking with the owners and providing crime prevention advice. Vulnerable vehicles are any vehicles left unlocked or with valuable property left on display such as satellite navigation systems, bags, wallets and so on. PCSO Griffiths said: "We have already come across an overwhelming number of vehicles which were left unlocked. It only takes a few seconds for a criminal to take something from inside a car, especially if it is left unlocked

"Leaving things in a parked car can make it more attractive to criminals. Even something as basic as a jacket can make your car more likely to be broken into."

Top tips to keep your vehicle safe

The best way to protect your belongings is to lock your car whenever you leave it. Other things you can do include:

- removing everything from the car; don't even leave a jacket where it can be seen
- closing the sunroof along with the windows when you leave your car
- not storing things in the boot; take them with you
- storing car ownership information in your home, not your car
- having a routine to ensure you always take the keys out of the ignition
- taking removable stereos and sat nav equipment with you

In addition, using secure (theft resistant) number plates can make your plates less attractive to thieves.

How to keep your car safe at home

Thieves sometimes break into houses looking for car keys. They can also use wires and hooks 'to try and drag' your keys through the letterbox.

Keep your keys away from doors and windows, and tucked away out of sight.

Have your vehicle's windows etched with its registration number or the last seven digits of the vehicle identification number (VIN). This can put criminals off, as it makes your car more difficult to sell. It also makes it easier for police to get your car back to you if it is stolen.

The Dinas Powys NPT also responds to priorities decided upon at local PACT meetings. Issues dealt with have included the regeneration of the Ash Path, an area which was badly affected by graffiti and litter. This became a PACT priority and by working alongside our partners in Safer Vale we were able to clear the area. PC Gunn said: "Graffiti blights private and public property. For the most part it consists of 'Tags' or nicknames. Remember - if you graffiti anywhere without the owner's permission then it's criminal damage."

Another success by the Dinas Powys NPT was a joint operation with South Wales Police's specialist off road motorcycle team in response to the concerns raised by the community at a PACT meeting. This focussed on groups of youths driving dangerously on motor scooters and off road bikes in the area. The youths concerned had been racing up and down footpaths, sometimes riding with up to four passengers at a time, and causing anti social behaviour. The off road team conducted high visibility patrols in the area and spoke with local residents affected by the problem. The NPT worked closely with partners and members of the public and achieved considerable success in reducing the level of motorcycle annoyance in the area. This was achieved through a number of activities including the confiscation of bikes causing annoyance, issuing Anti-Social Behaviour Order referrals, education, Fixed Penalty Notices and the prosecution of offenders.

If you would like to learn more about Dinas Powys PACT and how you can get involved or if you are unable to attend the PACT meeting but want to express any concerns you have about your community please contact PCSO Michelle Griffiths on www.ourbobby.com following the links to the Dinas Powys ward or on her mobile on 07805 301 394. Included within this edition of Depend is the latest Neighbourhood Newsletter bringing you up to date with the work of your neighbourhood policing team in dealing with your PACT issues. If you would like to receive this newsletter via your e-mail please contact either PC Gunn or PCSO Griffiths and let them have your email address - or you can contact Natalie Harries at Penarth police station on **101**.



Dinas Powys' neighbourhood police officers, PC Mark Gunn and PCSO Michelle Griffiths

VILLAGE SHOW 2010

This year's Show will take place on Saturday 4th September in the Parish Halls – a date to put in your diary.

The committee is busy putting the schedule together for the programme which will be published about mid June. You will soon see brightly coloured notices around the village confirming this date and giving the general list of competition classes.

We realise that some of the classes in the Flower, Vegetable, Needlecraft and Craftwork sections will require time for preparation. So, for details, please contact either Val Hartrey on 029 2051 3274 or Keith Hatton on 029 2051 4173.

Of course, the Show is not just for competition. It is a really "grand day out" for the whole family with music, Punch and Judy shows, free balloon modelling and a bouncy castle as well as much to see - and you must not miss the delicious WI teas!

The Village Show has become a very popular event in the village calendar so we hope that we will have competitors and visitors coming for their first show - as well as all those who regularly attend this, a most enjoyable afternoon.



Some Entries from the 2009 Village Show



St Andrew's Major Mothers' Union

together with the Llandaff Diocese help to run a caravan at Trecco Bay Porthcawl. The caravan is used by local families who would not otherwise be able to have a holiday due to sickness or adversity. Money is raised by the Mothers' Union members of Dinas Powys by organising coffee mornings and other fund raising events.

Mothers' Union meetings are held on the first Monday of each month at St Peter's Church Hall commencing at 2.30 p.m. All are welcome and tea is served after the meetings.

For further information about the Mothers' Union or about the Caravan, please contact Judy Watts on 029 2051 3257

PARISH OPEN WEEKEND

The Parish of St Andrew Major is to hold an Open Weekend, based at St Peter's Church, Mill Road, from Friday 7 May 2010 until Sunday 9 May 2010.

Pupils from the schools in Dinas Powys have been invited to visit the Church on Friday 7 May and will be given the opportunity to learn about the history of St Peter's Church and its place in the community. The Church will be decorated with flowers by the Church organisations and displays showing its history and records as well as some of the robes worn during services will be there. Pupils can learn about the ceremonies and furnishings in the church and be able to complete worksheets relevant to the school curriculum. There will be workshops on handbell ringing on both Friday and Saturday.

On Saturday 8 May, the church will be open to all and visitors can see displays by, and meet members from, the various church organisations including Sunday School, Young Communicants Club, Mothers' Union and Women's Fellowship as well as the Guide Movement and St Andrew's Church in Wales Primary School, and learn about the Church's role in our community.

Teas and cakes will be served all day in the Church Hall. The weekend will culminate on Sunday 9 May with a Family Eucharist at 10.30 am in which the young people of the Parish (including handbell ringers) take part and to which all are welcome. This will be followed by a celebratory lunch in the Church Hall.

More details about the Open Weekend will be available soon.

Do come to the Church Open Days with the whole family.

SOUL IN DINAS

Whole Church // Whole Community

Soul in Dinas is a community action group comprising men, women and young people from the local churches, working together to show the love of God within the local community.

After a busy summer period last year planning began on a Christmas project. Christmas is a busy time for all of us but it can also be quite a lonely time for those who spend most of it on their own. With this in mind Soul in Dinas decided that it wanted to show God's love to those who are living on their own and remind them that they are valued appreciated, respected and loved as part of this community that we share together.

With financial support from the local churches, Soul in Dinas was able to make and distribute more than 160 Christmas stockings to all those in the local sheltered accommodation and to others that we came into contact with during 2009. The stockings were hand-made and Christmas cards, which were made by young people at a workshop during October half term, were added. Other seasonal items - the traditional satsuma, Christmas cake, shortbread biscuits, a candy cane, diary, toiletries and other items - were also included.

All of the items were individually wrapped and delivered to homes during the run up to Christmas in the hope that the gift would bring joy and comfort throughout the Christmas holidays. Soul in Dinas would like to thank Kath, the warden at Fairoaks for her help in smoothing the way for the distribution of the stockings. Since the stockings were delivered we have been bowled over by the amount of appreciation and cards of thanks from the recipients. We are so pleased that the stockings struck such a chord with those who received them.

In February Soul in Dinas in conjunction with "Fairtrade Dinas Powys" held a "Mad Hatters Tea Party" at



Youldon House, Fairoaks. The desire was to promote the awareness of Fairtrade projects and to have a morning of fun together making hats for the main Fairtrade event at the Parish Hall the following week. A good crowd of local residents came along and, helped by Soul in Dinas volunteers and a group of art students from St. Cyres Comprehensive School, hats were made from all sorts of bits and materials. As you will see from the photograph above some of the ladies were clearly making an early start on their Easter bonnets this year.

Planning is underway for other events later in the Spring/Summer. One very popular request is that we hold another Tea Dance as this was greatly enjoyed last year. Plans for the summer action week are also underway which will be held during August. Please look out for the leaflets that will come through letterboxes nearer to the time. If we can be of any help to you, please complete the slip and return it via one of the many Soul in Dinas boxes that you will find in local shops, doctors surgery, library etc.

Obviously all of these activities do cost money along with other overheads like suitable insurance cover and the cost of equipment to complete the tasks that we want to do. Soul in Dinas would like to thank the local church groups who give so generously of both time and money to help us reach out into the community in this way. Soul in Dinas would also like to say a big thank you to Keep Wales Tidy and the Tidy Towns initiative which have provided a grant to purchase new tools and other equipment for use this year. Amongst the new equipment from the grant is a petrol strimmer which will be of great help in long grass and overgrown areas where there is no electricity supply, and a petrol jet washer to assist in our graffiti cleaning efforts. Keep Wales Tidy have also agreed to provide Insurance cover for all of the Soul in Dinas events this year. Soul in Dinas would like to particularly thank Ian Harvey and Jude Aldridge of Keep Wales Tidy for their guidance in this area.

Steve Davies

(Soul in Dinas – Elder at Dinas Powys Baptist Church)

THE WOMEN'S LAND ARMY

'The Forgotten Ones' they called us;
We didn't go to war,
But kept the country going
Through dark years and many more.
Some set off in the lorries,
Singing as they went,
Then broke their backs while bending,
To dig and pull till spent.
Or there were those who worked on
farms -
No boredom there for them.
With cows and hens and fieldwork too
Their life was full and when
The weekend came, and p'raps time off,
They'd dress up to the nines
And make for towns or villages
To seek out lighter times.
Some stayed on one farm with no

change
While others moved around.
They either lived as family
Or times were hard, they found.
From sheltered life of loving home
It came as quite a shock
To be just an old farm hand,
Enduring each hard knock.
But always there were bright times
Interspersed with weeks of toil.
The company they worked with
Could dampen or enthrall.
The mem'ries, sometimes bitter,
That clouded sunny days;
The songs they'd join in singing
Along leafy-lined by-ways.
These are the prompts that so recall
Those far-off days so hard,

Yet we were never looked upon
With any high regard.
Then, suddenly, when every force
Had gained its recognition,
Some thoughtful person praised our
cause -
Put right a sad omission.
They came up with a smart new badge
For us to wear with pride,
And now I can forever show
What cannot be denied:
The proof that I put in my stint
To keep the country going -
But when the young hear 'Army'
They assume that I was fighting!

June Holder
(Songbus February 2009)

SOME DATES FOR YOUR DIARY

**Forthcoming local events in Parish or Lee Halls - Further detail from the Community Council Office
Telephone 029 2051 3114 Website: www.dinaspowys.org**

Thurs 15th, Fri 16th, Sat 17th April	Dinas Powys Players present "Plaza Suite" 7.30 pm	For tickets telephone 20512868 or 2051 2945
Sat 24th & Sun 25th April	Dinas Powys Art Group Exhibition 10.00 am - 4.30 pm	Roy Gee 029 2051 5363
Sat 4th September	Village Show 2.00 pm	Val Hartrey 029 2051 3274
Sat 9th September	The Royal British Legion Concert 7.30 pm	Mr T Welchman 029 2051 3816
Sat 2nd October	DPVC CONCERT - CANTORION CREIGIAU	DPVC 029 2051 3700
Sat 20th Nov	Parish of St Andrew Major Autumn Fayre 1.00 pm	John Fanshaw 029 2051 4188
Sat 27 Nov	Tenovus Christmas Lunch (provisional) 12 Noon	Mrs B Hockley 029 2051 4001

Special interest

Fri 7th - Sun 9 th May	Parish Open Weekend (at St Peter's Church)	John Fanshaw 029 2051 4188
Tues 1st June	DPVC Coffee Morning Murchfield Hall 10.00 am - 12 Noon	Contact: Co-ordinator 2051 3700
Wed 9th June	Dinas Powys Voluntary Concern AGM 7.00 pm	Contact: Co-ordinator 2051 3700
Thurs 24 June	Murchfield Community Hall AGM 6.30 pm for 7.00 pm	
Fri 3rd Dec	Dinas Powys Rotary Club Dickensian Evening Village Square 6.00 pm	

Many other organisations use the various halls in Dinas Powys and details about these organisations are available in the Community Directory.

Adult Education classes are held in Murchfield Community Hall, the Lee Hall or the Scout Hall.

Details from Adult Education 029 2070 1569 or www.valeofglamorgan.gov.uk.

If you, or anyone you know, would be glad of the help and support we can offer - please contact us in the Resource Centre on 029 2051 3700

or write to:

Dinas Powys Voluntary Concern
Murchfield Community Hall
Sunnycroft Lane
Dinas Powys
CF64 4QQ

email: dpvc@btinternet.com

Or you could just call in the office between 9.30 and 12.30 on any weekday morning.

Have you recently retired, are the children at school, or do you just want to give something back to your community? As always we need drivers and in particular anyone willing to help with some gardening for those who can no longer manage on their own.

If so - will YOU be a volunteer?

Printed by the Vale Council for Voluntary Service

YOUNG DEPEND

WORDSEARCH No 14 (Age 8 - 14 years)

Find 10 types of extreme weather or earth movement.

(Think hot,cold ,dry, wet, windy)

E	G	N	I	N	T	H	G	I	L
V	A	O	D	A	N	R	O	T	B
A	D	R	O	U	G	H	T	J	L
W	E	O	T	S	U	N	A	M	I
T	T	Y	P	H	O	O	N	A	Z
A	H	M	Z	N	Q	E	D	U	Z
E	J	D	E	I	V	U	C	B	A
H	O	X	C	V	B	F	A	F	R
G	N	I	D	O	O	L	F	K	D
M	R	O	T	S	D	N	A	S	E

Return your answers by mail to:-

Dinas Powys Voluntary Concern

Murchfield Community Hall

Sunnycroft Lane

Dinas Powys

CF64 4QQ or Email on dpvc@btinternet.com

Please include your name, address, age and telephone number with your entry

We invite contributions to this page from anyone under 18 - for example, a short story, poem or an event you saw or took part in - or even a wordsearch.

No winners last time! Why not enter using email?